



# Determining Change



Increasing Choice and Control for Older Adults through Person-Directed Planning and Self Determination in Long-Term Care  
**10 CEU's pending for two day conference**

**Wednesday, October 13, 2010**

**8:30-10:00 AM - Registration and Exhibitor, Continental Breakfast**

**10:00 – 11:00 AM**

Welcome and opening plenary State and Federal perspective on LTC  
**(1CEU) Tom Nerney, The Center for Self-Determination and Peggy Brey, Michigan Department of Community Health, Office of Services to the Aging**

**11:15 – 12:30 PM Workshops (1 CEU)**

- a. Essential Elements of Self-Determination
- b. Individuals as Employers
- c. Advocating for yourself and others
- d. Advisory Councils Person-directed training
- e. Self Determination Basics

**12:30 – 1:45 PM - Exhibitors & Lunch with Speakers (1 CEU)**

**1:45 – 3:00 PM Workshops (1 CEU)**

- a. Individuals as Employees
- b. Individual Budgets Simplified
- c. Effective Advocacy Skills
- d. Best Practices and Lessons Learned
- e. Building Community and Natural Supports through Self-determination

**3:00 – 3:30 PM Break and Exhibitors**

**3:30 – 4:45 PM Workshops (1CEU)** *question cards handed out for Thursday 8:30 am discussion session*

- a. Individuals as Employers
- b. Agency With Choice
- c. Effective working strategies, A dialogue with Fiscal Intermediaries
- d. Person-directed Negotiation in the Planning Process
- e. Self Determination Advanced

**Day One Ends**

## **Thursday, October 14, 2010**

**8:30 - 9:30 AM** – Breakfast and Discussion: ***Gaining Momentum in Tough Economic Times (1 CEU):*** *How to develop enthusiasm and support from stakeholders ( both internal and external) for new initiatives* ***Panel members discuss what worked for them and answer audience questions***

**9:30- 10:00 Am** – Break and Exhibitors

**10:00- 11:15 AM** – **workshops (1CEU)**

- a. Individuals as Employers
- b. Liability, Busting the Myths and Offering Solutions
- c. Disability Pride I
- d. Person-directed training for direct care support
- e. Nursing Facility Transition Success Stories

**11:15 – 11:45 AM** – Break and Exhibitors

**11:45- 1:00 PM** – **Lunch with Speakers: The Changing Role of Nursing Facility Care (1CEU)**

**1:00 – 1:15 PM** – **Break**

**1:15 – 2:30 PM** – **workshops (1 CEU)**

- a. Individuals as Employers
- b. Disability Pride II
- c. Self Direction with many employees
- d. Peer Mentors in Long Term Care
- e. Getting the Word out About Self-determination

**2:30- 2:45 PM Break and Exhibitors**

**2:45 – 4:00 PM – Workshops (1CEU)**

- a. Person-Directed Problem Solving Case Studies
- b. Agency With Choice
- c. Alternatives to Guardianships
- d. Person- Directed Residential Options
- e. Liability, Busting the Myths and Offering Solutions

**Day Two Ends**